

# GOALS

## MANUAL

Goal Mastery: Step-by-step Blueprint to Achieving  
Success

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# PREFACE

## Strategies for Success in a Turbulent World

Your generation faces probably the biggest challenges in newer history. A crisis occurs every ten years or less.

There's no security anymore! People lost their savings in bankrupted banks or their shares in worthless companies and funds. Others had successful businesses or well-paid jobs but suddenly were left with almost nothing due to the crisis, such as the one with the pandemic or the war in Ukraine. While you read this book, probably a new emergency is upraising.

So, what is the surest investment, resistant to the chaos of the upcoming uncertainty?

What will bring you the highest certainty and advantage over your competitors?

Each challenge brings a threat and an opportunity. In the crisis, some people got poor, others became extremely rich, some got closer, and others separated. You choose whether you'll become a victim of the challenge or a

**Winner!**



# **INSIGHTS FROM THE AUTHOR**

## **Turning Dreams into Reality A Handbook for Success**

*WHAT DO I WISH SOMEONE HAD TOLD ME YEARS AGO?*

In my search for a book to recommend to my kids, I wanted one with the practical wisdom I wish I'd known years ago. Unfortunately, the options fell short, lacking simplicity, practicality, and a hands-on approach. No philosophical musings, just a straightforward manual dictating what to do. In this era of time constraints, we have no patience for mere theories. While some theories may hold truth, the available books didn't provide a practical roadmap.

Frustrated by the gap, I decided to write my own book, a collection of insights from 40 years of study, practical application, and trial and error. This book shares what works and what doesn't.

It's not just for the youth but for anyone with dreams still unfulfilled. It's a guide for dreamers ready to turn dreams into reality. As a friend once said many years ago:

“It's never too late to have a happy childhood!”

Regardless of age, the best phase of life lies ahead. Have you faced setbacks in your pursuit of success? If so, it's not your fault; you lacked clear guidelines.

The time is NOW.

Perhaps you're wondering, 'Now? Amidst a crisis?' Yet, consider this: the way to navigate a crisis is through it, for it is in tumultuous times that great individuals emerge.

History attests that the most remarkable triumphs unfold during periods of adversity. Resilience, the hallmark of greatness, isn't forged in moments of ease and comfort. Embrace the system outlined in this book, and watch as you transform, growing sharper, stronger, and wiser. After all, steel is crafted under pressure.

Within these pages, you will discover tools that empower you to conquer every goal you conceive.

Life hands us cards, an arbitrary hand of luck over which we hold no sway. However, how we play those cards is entirely within our control.

**Play them the best you can!**

# THE STORY ABOUT THE GOLDEN FISH

In a time long past, a fisherman cast his net and, to his astonishment, pulled in a golden fish. His delight knew no bounds at the sight of its shimmering hue. Imagining the riches it could fetch, he envisioned selling it for a handsome sum. With the anticipated money, he dreamed of securing enough food to endure the winter and acquiring new clothes for his children.

But what a miracle! The fish could talk:

“Nobleman! Release me, and I shall grant any wish you dare to make—any you can conceive.”

The fish had magical powers to fulfill wishes. What wish would you make if the golden fish asked you to?

I often thought about what I would wish if I had the opportunity. I just loved stories where genies or magical fish granted three wishes. But what if you could only have one wish? What would it be?

Some might wish for health if they're sick, others for wealth if they're poor, and some for a soulmate if they're lonely. But I wondered, would just one wish be enough? If a sick person gets healthy, they might find

there's more to life than just being well. Success and happiness aren't usually achieved with just one wish.

“A magic wand to fulfill all the wishes!” was my answer to the question.



# THE MAGIC WAND



Imagine possessing a magical wand, effortlessly bringing your every wish to life with a simple wave. It's the allure of such enchantment that captivates us in tales like Harry Potter and other magical narratives.

For years, I sought that metaphorical magic wand capable of transforming desires into reality. I delved into countless pages of diverse materials, exploring techniques promising superpowers. My intrigue led me to secretive organizations, yielding both thrilling and daunting encounters.

Finally, one morning in 2003, I was standing in front of the door of Philip M., the author of the goal



management system, “Precision.” I traveled by train all night and slept on the seat to save money. That way, I would not pay for a hotel. However, I was relatively tired that morning. I was afraid that I wouldn’t be able to concentrate. Perhaps I would not have enough energy to finish the course to the end and fall asleep... and I would regret spending the money for nothing... again.

However, as we began, my energy surged, my mind cleared, and concepts from countless books I’ve read, suddenly clicked into place.

Months later, I not only achieved the goals set during the seminar but repeated the success multiple times. I was the eighth practitioner of “Precision” at the time. Over the years, the system evolved, becoming more accessible and yielding incredible results worldwide.

Empowered by our newfound knowledge, we launched a company using funds from our credit cards. In less than three years, we transformed it into a \$3,000,000 import-export business, a testament to the notion that anyone can achieve success.



**YOU CAN MAKE IT,  
TOO!**

*So, I realized that knowing how to accomplish  
goals is my magic wand.*

## **WEALTH**

After the market crash in 2008, when many wealthy people lost immense funds while ordinary people lost their homes, I realized that material wealth is relative and volatile. Please do not understand me wrong. There is nothing bad in having plenty. You are supposed to have an abundance for better survival. Abundance is the only form of survival.

However, as I grappled with losses from the stock market, a crucial insight emerged: the most lucrative investment lies in oneself, nurturing health, acquiring knowledge, honing abilities, and cultivating connections.

Thus, I redefine wealth as the amalgamation of one's productive capacity, knowledge, and network of close relationships with friends and acquaintances.

**Everything else is perishable!**



**The value you will receive practicing this manual could be one of the ultimate tools to increase your wealth and earning potential.**

# **THE SAFEST INVESTMENT**

The most secure investment you can make is in yourself. Shift your focus towards maximizing your earning potential by placing yourself at the core of your plan and investing in your happiness.

In the realm of work, enhancing your personal value translates to a direct benefit for the company you serve. Consider these strategies for self-investment in your professional journey:

- Expand your interpersonal skills by broadening your network and fostering communication.
- Cultivate your personal charisma to leave a lasting impression.
- Hone your communication skills and empathy for effective collaboration.

- Strengthen connections within your broader family and community.
- Prioritize your health by being mindful of the food you consume and engaging in regular exercise. A healthy lifestyle not only contributes to physical well-being but also enhances overall happiness.

Nurture mental certainty through practices like meditation. Whether you choose mindfulness or another program, the principle remains the same: just as the biceps gain strength through exercise, your willpower grows through mindful choices and their consistent application. By investing in your mental resilience, you fortify your capacity to make empowered decisions and shape a successful future.



# THE GOLDEN KEY TO SUCCESS

*Brian Tracy tells the greatest secret of success:*

1. Set a wanted goal.
2. Persist till you accomplish the goal.



Simple. It is a complete truth. The only way to fail to accomplish your goal is to quit. All goal management systems teach that with fate in them, positive thinking and persistence, having a good plan (more advanced options like Napoleon Hill philosophy) using willpower, you will finally accomplish the goal... eventually...

Consider this: how many of us possess the unwavering willpower required for enduring, long-term pursuits? How many can instill the necessary discipline to persist through less-than-pleasant tasks in pursuit of a goal?

Willpower, while vital in short-term endeavors, often falters over time. Forcing oneself into undesirable tasks consumes significant energy and often leads to resistance. Motivational literature and self-help programs, though effective in providing a temporary boost, can perpetuate a state of constant tension. As my mentor wisely remarked, "How dreadful it is to compel oneself to smile each morning and recite positive affirmations."

Not dismissing the value of motivation, there exists a superior approach. Optimal results unfold when goals align with actions that come naturally to you. Operating with purpose in harmony with your inclinations eliminates the need to force motivation or persistence. No euphoria from motivation is needed;

instead, you move steadily toward your destination with minimal friction and resistance.

This system allows you to mold a personality effortlessly attuned to accomplishing the chosen goal. No belief in the system is required, nor must you summon intense emotions or willpower. The simplified path involves eliminating the primary reasons for abandoning your goals, paving the way for sustained and effortless progress.





# WHAT IS IN IT FOR YOU


## Unlock Your Potential with Proven Strategies!


Embark on a transformative journey as I unveil the powerful methods honed from the genius minds behind 40 years of exhaustive research and real-world application. Get ready to supercharge your success and reshape your destiny!


Within the pages of this book, you will discover:


 Why are we not successful 100%? And how to become successful!


 Uncover the impact of past experiences on your present behavior. Learn strategies to handle them successfully.


 The singular reason impeding goal accomplishment and how to overcome it.


 Master the art of setting goals with 5 fail-safe guidelines that guarantee achievement.


 Unveil the 7 essential conditions for realizing your goals.


 5 different methods for accomplishing the goal.

 Elevate your creativity with 10 powerful tools that unlock a flood of innovative ideas.


 Embrace the thinking methods of the next generation for unparalleled success.


 Navigate a step-by-step practical guide to accomplishing your goals swiftly and effortlessly.


 Confront the possibility of failure and discover how to turn setbacks into fuel for future success.


 Myths about goals, BUSTED. Unveil the truths that propel you forward.


Plus, receive expert advice on:

 Unraveling the secrets of money and strategies to have more of them.

 Dominating the inner game of sales for unparalleled success.

 Cultivating new habits while conquering old, counterproductive behaviors.

 Maximizing your study efficiency for optimal learning.

 Mastering the game of life!

Are you ready to seize control of your destiny? Don't just read—act! Let this book be your guide to unlocking unparalleled success in every aspect of your life. Your journey to a transformed, empowered self

begins now. Grab your copy and take the first step  
towards a life of limitless possibilities!

# **WHY GOALS?**

In the book of Novak Djokovic, presently the best tennis player in the world, I read an old Serbian saying: “When everything’s fine in your life, put a stone in your shoe. To torment you.”

We know from experience that life has ups and downs. And when you feel everything is just right, something happens that brings you trouble. I’ve heard something similar from other people from different cultures. My Reiki teacher every day performs some duties that are not pleasant to her. She puts herself in an uncomfortable situation. It is not pure superstition but a lack of knowledge: why is it so? Why does life sometimes bring us troubles out of the blue?

## **It Doesn’t Have To Be That Way!**

Now, we do know why life can push us into trouble. It is because we don’t create life. When we set

goals, we are proactive toward life. We do not let things happen by themselves. You will have ups and downs occasionally, but you are playing the game. You play the game of life instead of destiny controlling you.

Instead of putting a stone in your shoe, set a GOAL. This is the solution. That simple. We want games. We like drama. We seek drama. Imagine going to a theater. You watch a play about a happy family: parents are successful at work, kids are good at school, everyone's happy... everybody loves them... How long are you going to watch that play? No conflict, no plot, no villains? If you don't fall asleep, you'll probably go out. No. We want drama. This is why we enter it. Because of the desire to play, sometimes we forget that we have chosen the game we play one way or another. Thus, we let the game hurt us because we've dived so deep inside it, so we don't know it is a game anymore.

Nevertheless, this is more of a philosophical question. Here, we deal with practice. To sum up: if we

don't enter a game purposely, life will suck us into it. If we don't discipline ourselves, life will do that for us.

The only way to avoid the uncertainty of life is to create it yourself. And you will do that by setting GOALS and achieving them. You'll notice that the proper goal setting, advancing toward their realization, and overcoming obstacles on the road to fulfillment will make you happier than anything else. That is the measurement of success. Not only what you've achieved counts, but what obstacles you have encountered and overcome. Because, at the end of the day, one thing is more important than achieving the goal:

### **Who Do You Become When You Achieve The Goal?**

Whether you're on the brink of completing primary school, graduating and eyeing further education, searching for that first job after education, or feeling unsatisfied with your current income, this message is for you. Are you dismissing opportunities, thinking you're too old to pursue something new, only to

find yourself trapped in a low-paying job, regretting the chances you never took?

Don't let regrets define your journey. Wisdom and experience often arrive too late, and the deepest regrets stem from opportunities left unexplored. It's not the actions we take that haunt us; it's the bold steps we never dared to make.

You might attribute success to luck, and that's partly true. However, relying solely on external luck is a risky game. Proactive choices and intentional actions are the driving forces behind favorable outcomes.

So, whether you're at the crossroads of education, seeking employment, or yearning for a change, remember this: waiting for luck to find you is a gamble that often leads to unfortunate outcomes. Seize control of your destiny, make things happen, and rewrite your narrative.

Don't let the fear of the unknown hold you back. Embrace the challenge, step out of your comfort zone,



and shape the future you desire. It's never too late to take charge of your destiny and turn the tide in your favor. The time is now – act with purpose, and let success become your reality!

# **DREAMS DO NOT ALWAYS COME TRUE!**

**Why are we not 100% successful?**

*I am not afraid of death! I fear life not lived!*

It's a common lament to reach life's end and realize one never truly pursued their dreams. Picture a young soul launching into life with boundless dreams, lofty goals, and an infectious enthusiasm to conquer them. Undeterred by adversaries and competitors attempting to divert their path, they persevere.

Yet, the journey to goal achievement is riddled with formidable challenges, often leading to failures and defeats. These setbacks burden the dreamer, limiting the methods for goal attainment and dampening the initial enthusiasm. Frustration sets in, transforming the once-clear mind into one clouded with anger, turning focus away from the goal toward those hindering progress.

As defeats accumulate, the once-determined individual resorts to mere pretense of goal accomplishment. After countless setbacks and shattered dreams, apathy sets in, and the pursuit of aspirations grinds to a halt.

It's a tragedy to leave this world with unfulfilled dreams. To succeed in the pursuit of goals, one must reclaim the energy trapped in past failures and losses. This is where methods and tools become crucial – be it meditation, a self-improvement system, or the techniques awaiting revelation in this very book!

Don't let past defeats dictate your future. Rediscover the fire within, rekindle your passion, and use the tools provided to break free from the shackles of apathy. This is your chance to reignite your dreams and pave the way for a fulfilling, purpose-driven life. The methods you'll uncover are not just pathways to success; they are the keys to unlocking a future free from the regrets of unfulfilled dreams. Seize this opportunity, and let your journey towards lasting achievement begin!